**Self-Evaluation** 

## Did you know approximately 1 out of every 10 patients experience recurring CTEPH<sup>\*</sup> after PTE<sup>†</sup> surgery?

\*CTEPH = chronic thromboembolic pulmonary hypertension <sup>†</sup>PTE = pulmonary thromboendarterectomy.

## Check in with your doctor after 3 months

As you recover from your procedure, it's important to be honest with yourself and keep track of how you feel now, compared to how you felt prior to your operation. You can utilize these 4 questions below as a guide to completing this worksheet.



How am I feeling post-PTE surgery?



Has my exercise capacity improved?



Have I followed up with my doctor on my heart and lungs?



How is my overall quality of life post-procedure?

PLEASE ANSWER AND SHARE WITH YOUR DOCTOR YOUR RESPONSES TO THE FOLLOWING QUESTIONS.

Y	/es	No
Are you able to walk farther or climb more stairs since your PTE surgery?		
Has your breathlessness (or feeling of being out of breath) been resolved?		
Can you participate in activities the way you did before you became ill and required PTE surgery?		
Has the lightheadedness or chest pain that was present before your PTE surgery gone away?		
If you answered <b>NO</b> to any of the above questions, please consider following up with your docto	or.	

Have you noticed any new or recurring symptoms (eg, breathlessness, chest pains, swelling, etc)? If so, please write your symptoms down below.

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